



WELCOME!

We are so excited to work with you!



Let's dive in!

PATIENT WELCOME PACKET



Hi, we're Complete Cancer Rehab

Welcome to Complete Cancer Rehab! I'm so glad you're here. Whether you're in treatment, living beyond cancer, or managing lymphedema, our team is ready to walk beside you with care, encouragement, and expertise.

At CCR, you are never walking this path by yourself. From the moment you join us, you become part of a caring community that listens, supports, and celebrates every step of your journey. Our team is here to guide you, answer your questions, and stand beside you with compassion and encouragement. Together, we'll build confidence, strength, and hope—because wellness is not a solo journey, it's a partnership.

Thank you for trusting us with your journey. At CCR you are more than a patient—you are the heart of our mission!

Dr. Erin Erickson

Complete Cancer Rehab

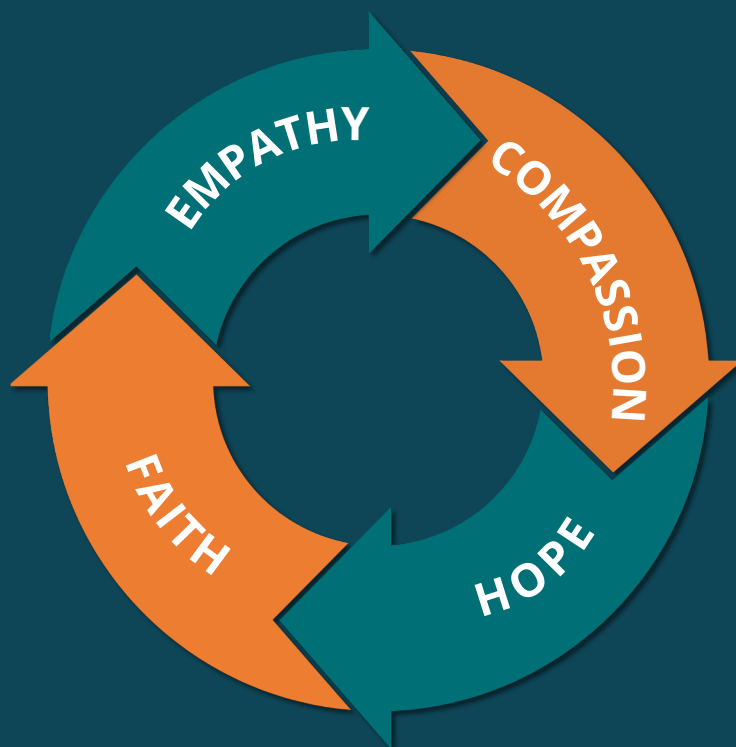
OUR MISSION

EMPOWER PATIENTS
IN THEIR CANCER & LYMPHEDEMA
JOURNEY!



EMPOWERING PATIENTS, EVERY STEP OF THE WAY

OUR VALUES



EMPATHY

Empathy allows us to step into patients' shoes, understanding their fears, hopes, and struggles. It fosters a genuine connection, reassuring patients that they are seen and heard.

COMPASSION

We are committed to providing care that goes beyond the clinical aspects. Our team understands that every patient is unique, with their own fears, hopes, and challenges. We create a healing environment where patients feel seen, heard, and valued.

FAITH

Faith plays a pivotal role in our approach to patient care. It extends beyond medical procedures and treatments, touching the core of human experience. Faith provides comfort, hope, and resilience during challenging times.

HOPE

We provide hope to our patients, holding the torch of optimism in their treatment plans and recovery journeys. Our commitment extends beyond treatment—it's about instilling confidence, inspiring resilience, and fostering a sense of possibility. Hope is an integral part of our care.

EMPOWERING WELLNESS, EVERY STEP OF THE WAY



OUR COMMITMENT TO YOU

Compassionate Care – We will treat you with respect, dignity, and empathy at every stage of your journey.

Specialized Expertise – You will receive care from our team of Occupational Therapist, Physical Therapist and Personal Trainers who guide your every step of the way.

Personalized Support – We will design programs tailored to your unique needs, goals, and comfort level.

Clear Communication – We will explain your options, answer questions, and keep you informed in plain, patient-friendly language.

Safe & Inclusive Environment – We will provide a welcoming space where you feel secure, valued, and encouraged.



YOUR COMMITMENT TO US

Active Participation – Share your health history, goals, and feedback so we can personalize your care.

Consistency – Attend scheduled appointments and follow through with recommended exercises or self-care practices.

Open Communication – Let us know about any changes in your health, concerns, or challenges you face.

Respect & Collaboration – Treat staff and fellow patients with kindness, patience, and understanding.

Shared Responsibility – Partner with us in your recovery by taking ownership of your progress and celebrating milestones.

OUR SERVICES



ONCOLOGY REHABILITATION

Specialized occupational therapy services for oncology rehabilitation therapies.

TREATMENTS

- Myofascial Release
- Range of Motion Improvement
- Activities of Daily Living Strategies
- Endurance Programs

LYPHEDEMA THERAPY

Our holistic approach assists patients in comfortably managing lymphedema.

TREATMENTS

- Manual Edema Mobilization for Swollen Limbs
- Compression Bandaging
- Pressure Garment Measurement
- Endurance Programs

PHYSICAL THERAPY

Tailored physical therapy services to enhance your overall health and well-being.

TREATMENTS

- Strength Exercises
- Range of Motion Improvement
- Stretching
- Improved Balance

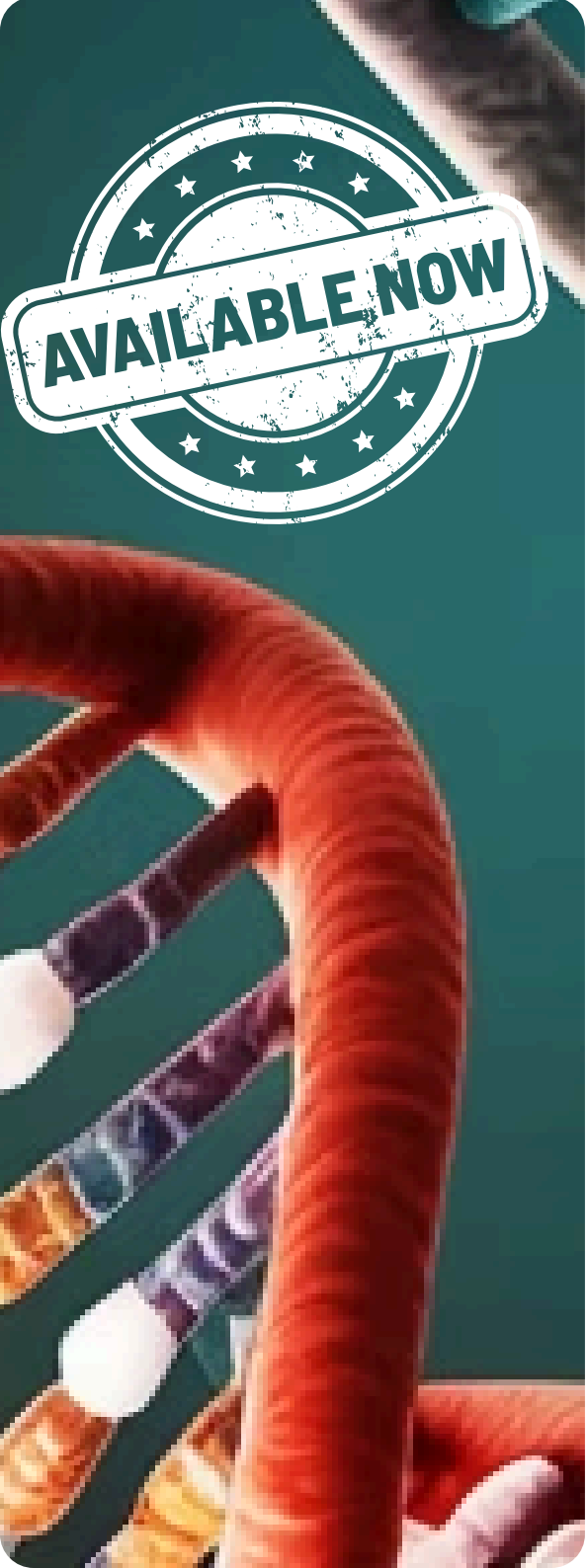
PERSONAL TRAINING

Personal Training services are designed to help cancer survivors and those with lymphedema to improve strength, balance, and flexibility.

TREATMENTS

- One-on-One Personal Training
- Group Fitness Classes
- Nutritional Coaching

EMPOWERING WELLNESS, EVERY STEP OF THE WAY



NUTRITION GENETIC TESTING

Personalized Nutrition Through Your DNA

Discover a deeper understanding of your health with personalized genetic testing powered by Nutrition Genome, the leader in DNA-based nutrition analysis. This advanced test reveals how your genes influence nutrition, energy, inflammation, and long-term wellness—giving you clear, actionable insight so you can stop guessing and start making choices that truly support your body. It's a powerful, personalized roadmap designed to help you take control of your wellness journey with confidence and purpose.

Want More Info? Scan Me





CCR Adventures brings you into the Colorado outdoors with accessible hiking and off-road experiences designed to rebuild strength, confidence, and connection at every pace. Whether you're stepping onto a trail for the first time or rolling into rugged terrain ready for a new challenge, our supportive community meets you exactly where you are. Every hike, every off-road mile, and every shared moment is crafted to help you feel stronger, more capable, and more alive — turning movement into a powerful, confidence-building adventure.

HIKING



**Want More Info?
Scan Me**

OFF-ROAD



**Want More Info?
Scan Me**



PATHWAY TO WELLNESS

Our **Pathway to Wellness** is a four-stage process. Each stage is an essential milestone progressively guiding patients to the ultimate objective of optimal health. Simply put, it's more than a program—it's a lifestyle. It's a journey toward peak health.

STAGE 1 HEAL WELL



STAGE 2 MOVE WELL



STAGE 3 TRAIN WELL



STAGE 4 ADVANCE WELL



EMPOWERING WELLNESS, EVERY STEP OF THE WAY

LIVEWELL COMMUNITY

LiveWell Connection Forum, is a dedicated online community designed to support cancer and lymphedema patients, caregivers, and those looking to develop a fitness lifestyle. We aim to create a supportive and empowering space where members can share their experiences, gain valuable insights, and build lasting relationships.



EMPOWERING WELLNESS, EVERY STEP OF THE WAY



YOUR CARE, YOUR PORTAL

Introducing the Jane App Patient Portal. At Complete Cancer Rehab, we use the Jane App portal to make your care simple, secure, and accessible. Through the portal, you can book or change appointments, complete intake forms, view receipts, and communicate with our team—all from your computer, tablet, or phone. It's designed to save you time and keep everything in one place, so you can focus on your health and recovery. Setting up your account is quick and easy, and our staff is always available to guide you if you need help.

GETTING STARTED WITH THE JANE APP PORTAL

1. Check your email for your Jane App invitation from Complete Cancer Rehab.
2. Click the link in the email to create your account.
3. Set up your password and keep it somewhere safe.
4. Log in to the portal from your computer, tablet, or phone.
5. Explore your dashboard to book appointments, complete forms, and view receipts.
6. Stay connected by using the secure messaging feature to reach your care team.

FOR FURTHER DETAILS

For more information on how to use the Jane App portal, including step-by-step instructions and helpful tips, please visit our detailed guide at the link below. This resource will walk you through everything from setting up your account to booking appointments and staying connected with your care team.

My Account - Your Patient/Client Portal - Jane App



YOUR FIRST VISIT

Your first visit at Complete Cancer Rehab is designed to help you feel comfortable, informed, and supported from the very beginning. **Here's what you can expect:**

- **Warm Welcome & Orientation:** Our staff will greet you, guide you through check-in, and answer any immediate questions.
- **Initial Evaluation:** You'll share your medical background, current medications, and any recent records so we can understand your unique needs.
- **Personalized Assessment:** An oncologist or physical therapist will conduct a gentle evaluation of your mobility, strength, and comfort level.
- **Goal Setting & Care Plan:** Together, we'll discuss your health goals and outline a tailored program to support recovery, resilience, and daily confidence.
- **Time for Questions:** We'll make sure you have space to ask questions, share concerns, and feel empowered in your care journey.



BILLING & INSURANCE FAQ

1. DO YOU ACCEPT MY INSURANCE?

Complete Cancer Rehab works with several major insurance providers. Coverage will be verified prior to scheduling your first appointment. Coverage may vary depending on your plan.

2. WILL I HAVE OUT-OF-POCKET COSTS?

Depending on your plan, you may be responsible for co-pays, deductibles, or coinsurance. We'll review your benefits with you before starting care so there are no surprises.

3. HOW DO I PAY MY BILL?

You can pay securely through the Jane App portal, by phone, or in person at our clinic. We accept credit cards, debit cards, and checks.

4. CAN I GET A RECEIPT OR STATEMENT FOR MY RECORDS?

Absolutely. Receipts and detailed statements are available through the Jane App portal or upon request from our front desk.

5. WHAT IF I DON'T HAVE INSURANCE?

We believe care should be accessible. If you're uninsured or your plan doesn't cover services, we offer self-pay options and can discuss flexible payment arrangements.

6. WHO CAN I CONTACT WITH BILLING QUESTIONS?

You can reach us at 970-306-7434 or email admin@completecancerrehab.com.

8089 SOUTH LINCOLN STREET, SUITE 207, LITTLETON, CO 80122

PHONE: 970-306-7434 FAX: 303-697-6426

EMAIL: ADMIN@COMPLETECANCERREHAB.COM

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